

Friday, January 5, 2024

Good Morning Ketcham Nation!

Today is Day 3

Today's Motivation: Raise your words, not your voice. Flowers grow from rain, not thunder.

RELA

Our next meeting is Friday, 1/5, in room 104. If you are interested in entrepreneurship (starting your own business) or turning a concept into reality, join us! RELA (Rising Entrepreneurial Leaders Association) is an engaging after-school activity that involves innovation, leadership opportunities and competitions with significant prizes and recognition as well as business experience. Join the GC for more info! GC: uq3otew

ATHLETES OF THE WEEK

Congratulations to the RCK athletes named Athlete of the Week for the week ending 12/23.

--Raheem Adebola, Wrestling. Raheem placed 3rd in his first ever Mid Hudson Wrestling Tournament.

--Kiernan Tompkins, Basketball. Kiernan averaged 10 points and 3 rebounds in our tournament over the Holiday break leading us to a 2-1 record.

Way to go!

TRACK & FIELD

Congratulations to the indoor track and field teams for their many fine performances at the Dendy Meet at Rockland Community College.

For the boys, Isaac Menjivar led the way with a second place finish in the 3200 meter run. Isaac also anchored the 4x800 meter relay to a third place finish. Other members of the relay were Adam Gazal, George Soyka and Ryan Kowalczyk.

For the girls, they were led by Sabrina Schmitt with third place finishes in the 55 and 300 meter dashes. Savanna Stevenson finished just ahead of Sabrina in the 300 meter dash with a second place finish. Also finishing second in the shot put was Angie Odeniyi.

Great job athletes!

RED CROSS CLUB

Red Cross Club will be meeting Wednesday, 1/10, in Room 255 this month.

POKEMON CLUB

Pokémon Club will meet Thursday 1/11 in room 255. If you have any questions please contact Ms. Sivco. If you are interested in joining please email Ms. Sivco for a link to the Google Classroom or stop by Room 194.

REGENTS BOOT CAMPS

Free review sessions for January Regents exams continue Monday after school.

Earth Science - Room 299

Algebra - Room 331

A schedule of all upcoming review sessions can be found on the RCK

website. <https://drive.google.com/file/d/1qN4vud4BMR9S8FSERDfLVNf4HRa5aU2m/view>

CREW

Wappingers Crew Club has Novice Tanks at the Hudson River Association Boathouse starting on January 6th and running every Saturday in January. If you are interested in rowing in the spring, come check out the boathouse! Fill in the Google Form in your

email. <https://docs.google.com/forms/d/e/1FAIpQLScMEP8I4XNFVCD9fKV1qMhDtseIhfDeZJldVEMhAkU-Lkmx9Q/viewform>

SCHOLARSHIPS

The Community Foundation Scholarship Program application portal is currently open. Students can register and apply for several local scholarships by submitting one application. Follow the link for more details or see your counselor. <https://communityfoundationshv.org/scholarships/>

Scholarship information is consistently updated on the Senior Google Classroom and on the scholarship link on the School Counseling webpage:

https://docs.google.com/spreadsheets/d/e/2PACX-1vSQI9lpLdXiG-2I5hjP5FpW-tJ_sMFJH5yqUo8y4r5LVW90Xzey5VnacRgcDd98BFmkceCyCKbo00Rh/pubhtml

Community Foundation Scholarship Workshops:

Monthly virtual scholarship workshops are offered monthly via Zoom. Attendees are led through the online scholarship process and questions are answered throughout the workshop. This event is open to high school students and/or their parent/guardians, undergraduate college students, high school teachers, guidance counselors, and any high school staff or administration. Registration is required and these workshops are .Go to the website <https://communityfoundationshv.org/scholarships/> and click on any of the dates below to register. The Workshop Zoom link will be emailed to all registrants on the morning of each session.

Thursday, February 1, 2023 @ 6:00 pm #2 of 4

Tuesday, March 5, 2023 @ 6:00 pm #3 of 4

Wednesday, April 3, 2023 @ 6:00 pm #4 of 4

WINNERS CIRCLE

Anyone that may want to be in the Winner's Circle class next year please contact Mr. Bliss (room 223). This is the class where we build a 1965 Shelby Cobra race car. There will be an informational meeting in February, to attend the meeting students need to come to me (or Mr. Yahn or Mr. Musch) to get on the list to attend the meeting. You must come in person. If you do not attend this meeting you will not be eligible for the class.

FRENCH HONOR SOCIETY

The French Honor Society will be having a meeting on Wednesday, January 17th after school in room 343 to discuss upcoming events and activities. All members please make every effort to attend!

YEARBOOK

There is a limited quantity of yearbooks available. You can still secure a book by ordering now at <https://buytheyearbook.pictavo.com/login> School Code 715765
Don't miss out!

ENGLISH BOOT CAMP

English Regents Bootcamp for the January Regents exam will be held on the following dates directly after school:

Tues 1/9 - Room 210

Tues 1/16 - Room 210

EARTH SCIENCE BOOT CAMP

Review sessions for the upcoming Earth Science Regents exam in January are ongoing each Monday and Wednesday in room 299 from 2:30 to 3:30 p.m. Remember that ALL students taking the January Earth Science exam must also take a new LAB PRACTICAL on Tuesday, January 23rd at 7:30 a.m. in room 295, which is part of the Regents exam score. Boot camp and exam dates are as follows:

Mon. Jan 8th - room 299

Wed. Jan 10th - room 299

Wed. Jan 17th - room 299

Mon. Jan 22nd - room 299

Lab Practical is Tuesday, Jan. 23rd at 7:30 a.m. - room 295

EXAM is Friday, Jan. 26th at 7:50 a.m (room TBD)

SENIOR TRIBUTE ADS

Celebrate your Senior with a tribute ad in the yearbook. The deadline to order is 2/23/24, but don't wait! Take care of it now before the rush of graduation sets in. <https://www.tributeads.com/>

SPORTS TALK CLUB

The Sports Talk Club will begin meeting in January. The class code is n6m2omg and all the information will be in the classroom

SKI & SNOWBOARD CLUB

Registration to join the Ski & Snowboard Club is open. Students must register online and provide the transportation fee to secure their spot. A very limited number of spots are still available - so don't delay! To join, please begin the registration process online. The registration form may be found here <https://forms.gle/E6G8gPmE7t98EAB19>
For more information, please visit our Google Classroom at class code: gpnknlc

LITERARY MAGAZINE

The RCK Literary Magazine is the perfect club for anyone who enjoys expressing their creativity through their writing, art, or photography. Our Prompt Challenge for December/January is "Holiday and Winter Traditions" Share your warming tales with us! Submit your work to this form to be featured in the 2024 Issue: <https://forms.gle/vQHrUaG6PeqfT23E9>

Our meetings are after school on Thursdays in room 208. Join us! Google Classroom Code: lrh2tys

OTHER MUSIC CLUB

A club for anyone who is interested in creating their own music of any kind! The Other Music Club is a space to discuss, share, and create live music as a community. No musical skill is necessary, just a willingness to participate. We are aiming to have some sort of performance/ battle of the bands later in the year to showcase students' music (collaborative or individual). Anyone is welcome to join us on Wednesdays in room 203 from 2:30 to 3:30!

UNICEF

Are you interested in quality community service, advocating for the human rights of women and children, and a fun after-school activity? UNICEF is the club for you! We meet every other Tuesday in room 336! Join the GC for more info! GC: ovydeut

PTSA

Please help support our students, faculty and staff with your PTSA membership. Sign up online: <https://rck.memberhub.com/store?limit=21&live=true>

RCK ATHLETICS

Good luck to the Ketcham teams competing today! JV Boys Wrestling vs John Jay, JV Girls Basketball at Mahopac, Varsity Gymnastics vs. Suffern, Varsity Girls Basketball at Mahopac. Tomorrow, varsity wrestling takes on John Jay and Cheer travels to Minisink Valley. Let's go RCK!

ACTIVITY PASS

Reminder: any student who stays after school for any reason (clubs, athletics, etc) must obtain a pass from their teacher, coach or advisor. You must have a pass in order to take the late bus.

Make this a great day RCK and remember to go #All In All Ways.

Your principal,
Dave Seipp