
HEALTH

HEALTH EDUCATION

Code: J441 1st Semester

J442 2nd Semester (10-12) (½ credit)

Must have completed: None

Topics include:

- Consumer health
- Disease prevention
- Personality development
- Drug awareness/prevention
- Mental health
- AIDS education
- Alcohol education
- Nutrition and exercise
- Stress Management
- Tobacco education
- Decision making
- Environmental health
- Safety
- Human Growth and Development

NOTE: This course is State mandated and the credit is necessary for graduation.